

plus other cultural/industrial facilities and activities in the Seoul area. Other tours of battle sites and/or Incheon may be made through the local tour guide.

3. A special reception and dinner hosted by the President of the Korean Veterans Association (KVA) during which the Korea War Medal and Certificate of Ambassador for Peace will be awarded to each veteran who has not received it before.

### Sundry Notes

1. The KVA Revisit Program privileges are provided for scheduled groups only.

2. Participants are required to have a valid passport: a visa is not required for visits of 15 days or fewer in Korea.

3. KVA/Seoul is not responsible for any loss of, or damage to, personal or other items, medical expenses, injuries, or loss of like due to any accident of whatever nature during the revisits. Trip cancellation insurance is available and highly recommended.

4. Transportation costs to and from Korea will be borne by each person who participates in the program.

5. Applications will be received/accepted on a "first-come, first-served" basis.

**Note:** *If you have previously accepted an official KVA/Seoul Revisit tour from any sponsoring association or group, you are NOT eligible to participate again. The reason is that so many veterans have not gone before so they get the "first right of return."*

*Because former Revisit Program participants have their name in the KVA/Seoul's computer database, please do not try to beat the system. If your name is rejected because of prior participation, all of us will be embarrassed and an eligible Korea War veteran might miss the opportunity to participate.*

6. If you want to use your frequent flier miles or other "free" transportation, you will be charged an administrative service fee of \$300 per person.

**Caution:** Not traveling with KWVA group air contract can result in much higher post-tour costs to China and other Pacific location.

**Note:** Should you desire to have a single room or take additional family or friends with you, this can be arranged for an additional cost. Any such requests must be made in writing.

## From Our Chaplain...

### A carrot, an egg, and a cup of coffee:

You will never look at a cup of coffee the same way again.

A young woman went to her mother and told her about her life and how things were so hard for her. She did not know how she was going to make it, and she wanted to give up. She was tired of fighting and struggling. It seemed as if no sooner was one problem solved that a new one arose.

Her mother took her to the kitchen. She filled three pots with water and placed each on a high fire. Soon the pots came to a boil. In the first she placed carrots, in the second she placed eggs, and in the last she placed ground coffee beans. She let them sit and boil without saying a word.

In about twenty minutes she turned off the burners. She fished the carrots out and placed them in a bowl. She pulled the eggs out and placed them in another bowl. Then she ladled the coffee out and placed it in a third bowl. Turning to her daughter, she asked, "Tell me what you see."

"Carrots, eggs, and coffee," her daughter replied.

Her mother brought her closer and asked her to feel the carrots. She did, and noted that they were soft. The mother then asked the daughter to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg.

Finally, the mother asked the daughter to sip the coffee. The daughter smiled as she tasted its rich aroma. Then she asked, "What does it mean, mother?"

Her mother explained that each of these objects had faced the same adversity: boiling water. Each reacted differently.

The carrot went in strong, hard, and unrelenting. However, after being subjected to the boiling water, it softened and became weak. The egg had been fragile. Its thin outer shell had protected its liquid interior. But, after sitting through the boiling water, its inside became hardened.

The ground coffee beans were unique, however. After they were in the boiling water, they had changed the water.

"Which are you?" she asked her daughter. "When adversity knocks on your door, how do you respond? Are you a carrot, an egg or a coffee bean?"

Think of this. Ask yourself, which am I? Am I the carrot that seems strong, but do I wilt with pain and adversity and become soft and lose my strength?

Am I the egg that starts with a malleable heart, but changes with the heat? Did I have a fluid spirit? But, after a death, a breakup, a financial hardship, or some other trial, have I become hardened and stiff? Does my shell look the same, but on the inside am I bitter and tough with a stiff spirit and hardened heart?

Or am I like the coffee bean? The bean actually changes the hot water, the very circumstance that brings the pain. When the water gets hot, it releases the fragrance and flavor. If you are like the bean, when things are at their worst you get better and change the situation around you. When the hour is the darkest and trials are their greatest, do you elevate yourself to another level? How do you handle adversity? Are you a carrot, an egg, or a coffee bean?

May you have enough happiness to make you sweet, enough trials to make you strong, enough sorrow to keep you human and enough hope to make you happy.

The happiest of people don't necessarily have the best of everything; they just make the most of everything that comes their way. The brightest future will always be based on a forgotten past; you can't go forward in life until you let go of your past failures and heartaches.

When you were born, you were crying and everyone around you was smiling. Live your life so at the end, you're the one who is smiling and everyone around you is crying.

As we approach the election of the people who lead the KWVA for the next few years, let us each look into our hearts and be guided by what is best for the organization and the people we serve.

Set aside personal and petty differences—and simply do the next right thing.

*Chaplain Ruffing*