I, L Timothy Whitmore, herewith submit my declaration of intent to run for election as Director, Korean War Veterans Association.

I have previously served two terms in this capacity and had the honor and privilege of serving as Chairman of the Ceremonies Committee and was very involved with KWVA presence and participation in events and commemorations at Arlington National Cemetery and at the Korean War Memorial. I was the KWVA member- representative on the National Veterans Day Committee which plans and executes the Veterans Day Ceremonies. I worked closely with other VSOs in the years leading up to 2017 when the KWVA was the Veterans Day co-host for the November 11 commemoration. I was honored to carry the National Colors in the Parade of Colors at several such events, and to accompany the KWVA Commanders in the presentation of a wreath to the Tomb of the Unknown. I have also served as Chairman of the Election Committee.

I served as a two-term commander of the Virginia Commonwealth Department of the KWVA and as a two-term commander of Tidewater Chapter #191. I continue to serve as Adjutant/Quartermaster. I am completing my second term as a gubernatorial appointee to the Virginia Joint Leadership Council on Veterans Affairs.

I retired from the USAF in 1976 with the rank of Master Sergeant. During the early years of my military career, I was a medical and surgical technician serving in Korea and England as well as a number of stateside bases. In 1965, after attending the NCO academy, I retrained as a Military Training Instructor and was assigned as Senior MTI of a large Training Squadron at Shepard AFB, TX. In 1966 I was reassigned to Port Hueneme Naval Base where we formed a Squadron of airmen to be trained by the Navy Seabees in skills needed by the newly formed Red Horse. In 1968 I was assigned as First Sergeant of Security Police with the 56th Special Operations Wing at Nakhon Phenom, Thailand. On rotation I was First Sergeant of the 750th Radar Station of the 26th Air Division

I returned to the medical field when I was selected as one of the first 100 candidates to enter a two-year training program to become Physician Assistants. I served as a Physician Assistant at Luke AFB, AZ until 31 July 1976 at which time I retired.

On 3 Aug 1976 I entered a large Family and Occupational Medicine practice in Richmond, VA. In 1986 I became the Clinical Director for a program treating physicians and nurses with alcohol and/or drug addictions. I continued to practice in psychiatry until I retired in 2019. I served two (2) terms as President of the Virginia Academy of Physician Assistants.

I earned an Associate Degree from Golden Gate University, Bachelor of Science from the University of Nebraska, and a Master of Science from Virginia Commonwealth University.

In addition to Life Membership in the KWVA, I am also a life member of the American Legion, Veterans of Foreign Wars, Irish Veterans Association and the NCOA.

I have returned to Korea four (4) times and I enjoy a good relationship with the ROK Embassy. On my Last visit as a guest of the ROK, I was honored to enjoy lunch at the Blue House as a guest of President Moon Jae-in.

My life has been dedicated to serving others. I believe my background in administrative and personnel services and as a health care professional together with my experience in a variety of leadership capacities qualifies me to be of further service to the Korean War Veterans Association as a member of its Board of Directors'

I am a fully paid Life Member of the KWVA (LR40158). I will attend all meetings of the Board of Directors and respond to Business Without a Meeting requests. I understand that two (2) unexcused absences could result in my removal from office. The enclosed Application Form may be utilized by the Election Committee for verification.

L TIMOTHY WHITMORE, LR49158, 5625 Canterbury Lane, Suffolk. VA 23435. Tel:(757)483-9784 (Home), (757)619-8439 (Cell), email twhit35@gmail.com

RTimothy Whetmare 16 DEC 2020